



The Lions' Credo

*I am a lion.
I play to give my best.
I am proud to play for LILA.*

- Y **Honesty**
 - ✓ Live and compete honorably
- Y **Reliability**
 - ✓ Fulfill commitments. Practice is mandatory.
 - ✓ Be on time for practices and games.
 - ✓ Make your doctor's appointment when it does not conflict with school and practice. No excuses.
- Y **Respect**
 - ✓ Treat all people, including the teacher-coach, with respect at all times.
 - ✓ Treat game officials with respect.
- Y **Class**
 - ✓ Live and play with class.
 - ✓ Be a good sport.
 - ✓ Be gracious in victory and accept defeat with dignity and show sincere respect in pre- and post-game rituals.
- Y **Importance of Education**
 - ✓ The primary responsibility of a student-athlete is academic achievement.
- Y **Be a student first**
 - ✓ If your grades in class or your behavior is not exemplary you will be suspended from the team, after discussion between the coach, the pedagogical team and the administration.
 - ✓ Not achieving passing grades will result in your suspension from the team until the deficiency is cured.
- Y **Role Modeling**
 - ✓ Remember, participation in sports is a privilege, not a right, and that you are expected to represent your school, coach and teammates with honor, on and off the field.
 - ✓ Consistently exhibit good character and conduct yourself as a positive role model.
- Y **Self-Control**
 - ✓ Exercise self-control.
 - ✓ Don't fight or show excessive displays of anger or frustration.
 - ✓ Be open-minded, always be willing to listen and learn.
 - ✓ Teammates - Help promote the well-being of teammates through positive counseling and encouragement.
- Y **Playing by the Rules:**
 - ✓ Demonstrate and demand integrity.